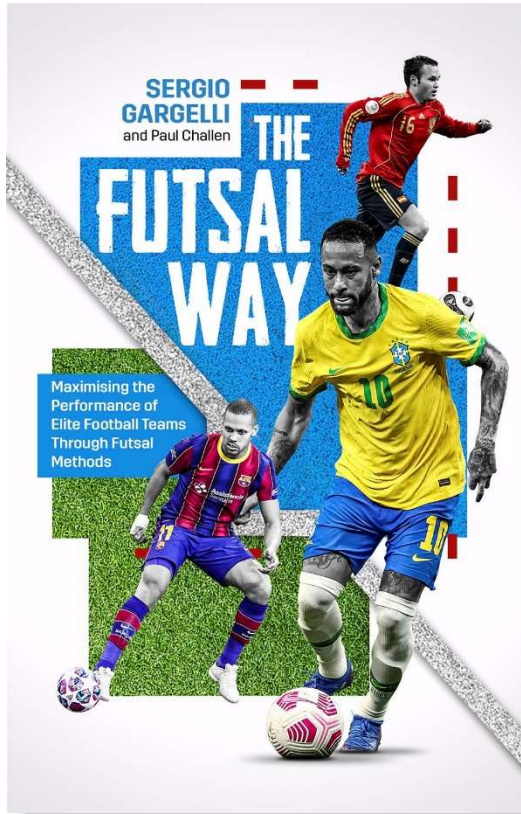




## Title information



### The Futsal Way

Maximising the Performance of Elite Football Teams Through Futsal Methods

By Paul Challen and Sergio Gargelli

#### Key features

- Far from a dry, technical manual, *The Futsal Way* uses examples from the English Premier League, Serie A, La Liga and other top competitions to demonstrate how coaches of high-level football teams can use futsal training and game play to improve the performance of elite players
- Lead author Sergio Gargelli is a world-renowned expert in the futsal-to-football transition, having coached the national teams of China, Norway, Vietnam, Japan and others
- When his Vietnam team defeated Brazil in an international tournament in 2013, it marked the first time an Asian side had beaten Brazil in a FIFA competition
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

### Description

Success in elite football demands both mental and physical excellence. Players must make decisions at lightning speed, and execute those decisions with perfect technique, combined with an ultra-clear understanding of where others – their team-mates and their opponents – are at all times. In *The Futsal Way*, world-renowned futsal coach Sergio Gargelli and veteran writer Paul Challen make the case that today's elite football clubs require futsal coaches on their staff to take their teams to the next level – as many have already done. With photos, diagrams and clear explanations, they demonstrate how top-level coaches can use futsal to produce exceptional players in the 11-a-side game – as seen in the amazing technical ability of many Brazilian and Spanish players who grew up playing futsal. With a foreword by Euro 2020-winning manager Roberto Mancini, this book is a must for any team or coach looking to keep pace with modern training techniques and tactical developments. It combines in-depth instruction with real-life examples.

### Details

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