



# Title information



## The Final Round

The Autobiography of Jane Couch

By Jane Couch, with Abi Smith

### Key features

- Brutally honest, often heart-breaking story of a pioneering woman's survival in the male-dominated boxing world
- An inspirational story of triumph over discrimination
- Jane has worked and fought with some of the biggest names in the boxing world
- The author does not mince her words. She reveals the bitter exchanges she faced and sexist characters she met
- Jane wrote her book with Abi Smith, who has worked with other pioneering female athletes to tell their stories
- Colour photo section includes photos from Jane's personal collection
- Publicity campaign planned including radio, newspapers, websites and magazines

### Description

*The Final Round* is the inspirational story of one woman and her fight to be able to box. Growing up in Fleetwood with no career aspirations, Jane Couch's world changed overnight when she watched two American women boxers on TV and knew she'd found her calling. However, at that time, women weren't allowed to box in the UK – so Jane had to train under the radar, sparring illegally with men and travelling abroad to fight. She had to prove herself at every turn, but with a country that wouldn't let her do what she loved, she was up against the ropes. But Jane fought back. In 1998 a court of law found the British Boxing Board of Control guilty of discrimination, and she became the first female to be awarded a UK licence to box. Far from being celebrated, she was ridiculed and labelled a 'freak show', the subject of TV chat-show debates. Having paved the way for women to box, Jane found herself hung out to dry by the male-dominated boxing establishment. Her story is one of passion, guts and determination.

### Details

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