



Title information



Interviews with Inspiration

Heroes and Icons... and What Drives Them to Succeed

By James Willstrop

Key features

- In-depth study on what makes icons inspire and achieve, from the unique perspective of a writer who has reached the top of the world in his sport
- Fresh insight via interviews with a range of household names, including Jessica Ennis-Hill, Chris Hoy, Steve Redgrave, Jonny Wilkinson, Katherine Grainger and Julian Barnes
- James's previous book *Shot and a Ghost* was the first self-published title to be shortlisted for the William Hill Sports Book of the Year
- Colour photo section to accompany the author's work, featuring those heroes and icons who feature
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

Description

Interviews with Inspiration is a forensic study of what it means and what it takes to be outstanding in the world of sport. It is written by world number one squash player and Commonwealth gold medallist James Willstrop; throughout his squash career he continuously 'did what it took', both physically and mentally, to reach the highest levels, often to unnecessary and somewhat damaging lengths. James talks to some of the sporting and cultural figures who inspired him and reflects on what they do and what drives them to do it. As well as profiling some great athletes of our time, he also delves into the worlds of writing, theatre, and even eye surgery: exploring parallels and differences that exist when people do things across the highest levels. *Interviews with Inspiration* provides a fascinating insight into a cross-section of icons and achievers, from the viewpoint of one of the most successful English athletes of a generation.

Details

Publication: 8 February 2021
Price: £16.99
ISBN-13: 9781785318238
Format: 222mm x 144mm
Binding: Hardback
Extent: 352 pages
Category: Biography

Trade Orders to:
Macmillan Distribution (MDL), Cromwell Place,
Hampshire International Business Park, Lime
Tree Way, Basingstoke, Hampshire RG24 8YJ

Telephone: 01256 302692
Email: orders@macmillan.co.uk