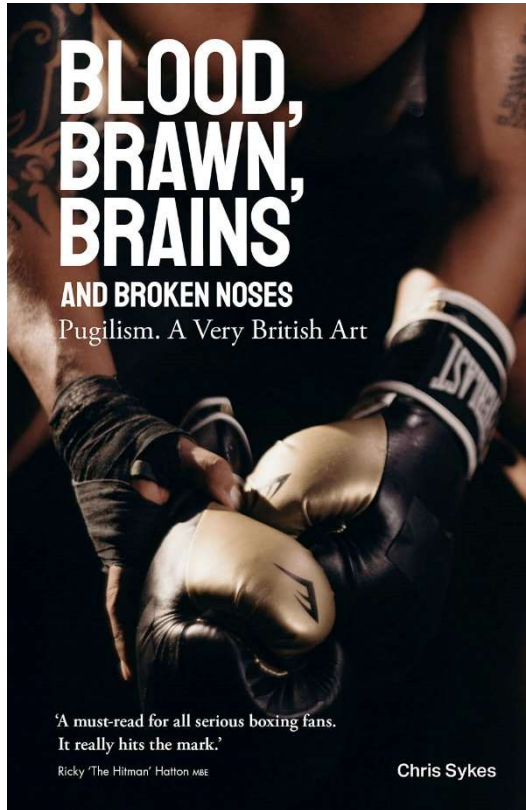




## Title information



### **Blood, Brawn, Brains and Broken Noses**

Pugilism, a Very British Art

By Chris Sykes

#### **Key features**

- Explores pugilism's historical, philosophical and sociological journey, from Ancient Greece to the modern day
- First section covers early pugilism (or bare-knuckle boxing) and its renaissance
- Second section focuses on philosophy and its influence on boxing, and sociology, to explain the sport's importance to society and why people participate
- Written by a fighter who has spent many years practising boxing and other martial arts, as well as coaching; he gained a first-class Bachelor of Arts in Martial Arts Theory and Practice and Sports Development in 2010
- Endorsed by boxers Ricky Hatton MBE, Jack Massey, Frederic Klose and martial artist Dr Charles Spring
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

#### **Description**

*Blood, Brawn, Brains and Broken Noses* explores the evolution of pugilism, better known as boxing, from its origins in Ancient Greece and Rome to the present day. In England, pugilism became a popular form of entertainment, leading to a golden age, which the book covers in detail along with the careers of five champion pugilists. But the sport hit a major hitch when bare-knuckle pugilism clashed with Victorian morals, and it was superseded by gloved boxing. Afterwards, bare-knuckle boxing went underground and was practised clandestinely and seen only by a select few. The book examines the thoughts of ancient philosophers to explain why pugilism became part of British culture. Nineteenth-century philosophies such as Social Darwinism, Muscular Christianity and Rational Recreation are also explored along with how Rational Recreation influences boxing today. What are the sociological factors that motivate people to take up boxing? And how can the sport prevent societal ills? *Blood, Brawn, Brains and Broken Noses* holds the answers.

#### **Details**

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