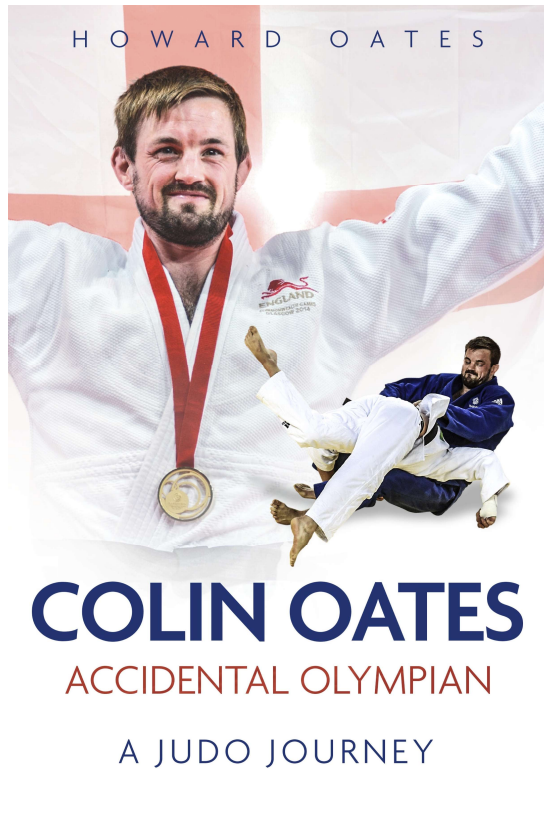




Title information



Accidental Olympian

Colin Oates, a Judo Journey

By Howard Oates

Key features

- Fascinating journey into the world of judo seen at all levels – from a village hall club to the sport's biggest stage, the Olympic Games
- Incredible eye-opening account written and recorded as the events in the book unfolded
- Reveals what it takes to gain recognition in the judo world, including how social media was used in an attempt to influence the Olympic selection process
- Author was his son's coach and lived through the same emotions as the athlete, growing in stature as an experienced coach documenting and recording the journey
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

Description

Accidental Olympian is the uplifting story of a judo athlete who wasn't afraid to dream big. Colin Oates trained in the wilds of Norfolk, at a village hall club run by his father. Entering the Olympics seemed an impossible dream, but Oates defied the odds to qualify for and compete at two Olympic Games. The boy born in Harold Wood, Essex, battled not only local prejudices within the judo fraternity but took on and beat many of the world's top players. Under the coaching and guidance of his father, Oates travelled the globe to fight in places he'd never heard of. Discover how Oates, supported by a judo-crazy family, smashed his way to being the British number-one under-66kg player for nearly a decade before qualifying for the Olympics. At London 2012, Oates defeated an ex-world champion and was only stopped by the eventual gold medallist. At Rio 2016, he faced the heartbreak of an early exit but was soon appointed a Great Britain elite coach. This is a genuine David and Goliath story where the underdog comes out on top.

Details

Publication: 14 June 2021
Price: £19.99
ISBN 13: 9781785318917
Format: 240mm x 160mm
Binding: Hardback
Extent: 256 pages
Category: Judo

Trade Orders to:

Macmillan Distribution (MDL),
Cromwell Place, International Business Park,
Lime Tree Way, Basingstoke, Hampshire RG24 8YJ

Telephone: 01256 302692
Email: orders@macmillan.co.uk