



## Title information



### A Plague on All Your Sports

How Sport and the Pandemic Collided

By Bill Ribbens and Mark Saggars

#### Key features

- Review of the effects of the pandemic on sport at all levels in the UK and globally, from an surgeon and broadcaster each involved in sport for more than 40 years
- Considers all aspects of sport, from community and schools through to elite competition
- Examines significant sporting occasions during the pandemic, including the Olympics, the Euros, IPL cricket, Ashes cricket and British Lions rugby union tours
- Other chapters review the overall effect on individual sports including football, Formula One, cricket and American sports
- Explores the long-term effects on athletes and sports in terms of well-being, injuries and economic viability
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

#### Description

*A Plague on All Your Sports* is the story of what happened when Covid-19 and sport collided, examining the impact of the pandemic through a unique lens. The book's two authors have each spent many years in sport: Mark Saggars as a radio and TV sports journalist, Bill Ribbens as a doctor and orthopaedic surgeon. Like most people, their professional lives were turned upside down by the pandemic, and both were intimately involved with the endeavours needed to help the sporting phoenix rise from the ashes. The book analyses the way Covid-19 brought global sport to its knees. It charts sports' response to lockdowns, recovery planning, the obstacles faced and the modifications required to re-emerge. What was the psychological effect of periods of padlocked gyms, domestic detention and banishment from football terraces? What were the long-term effects on mental health for professional athletes confined to 'bubbles'? Were the early promises of changing sport for the better followed through on?

#### Details

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