



Title information



Follow the Thunder

Jason Dozzell, My Story

By Jason Dozzell with Stuart Watson

Key features

- More than just a football story: Jason explores the topics of race, hooliganism, drugs, mental health, suicide and fractured families
- Reveals the full truth of several infamous incidents, including being sent home from England U21 duty in disgrace, chucking cake at a fan, plus the tabloid tale involving a glamour girl
- Forewords by former Ipswich and England stars Terry Butcher and Kieron Dyer
- Jason wrote this book with *East Anglian Daily Times* journalist Stuart Watson, a well-known figure among Ipswich fans with close to 20,000 followers on X
- Publicity campaign planned including radio, newspapers, websites, podcasts and magazines

Description

Follow the Thunder is the searingly honest autobiography of former Premier League star and record-breaking wonder kid Jason Dozzell, who later faced the consequences of a chaotic life off the field. In February 1984, Jason netted on his debut for hometown club Ipswich Town, at the age of 16 years and 57 days, to become the youngest goalscorer in English top-flight history. It's a record that still stands. He went on to secure legendary status at his beloved Blues and subsequently made a big-money move to Spurs. Life off the field, however, was always chaotic. In 2019, following a 'slow descent to a dark place', Jason was convicted of driving under the influence of cocaine. Class A drugs, which had once been consumed for fun, were now being used to take the edge off constant panic attacks and paranoia. A candid interview about his mental-health issues proved a major turning point. It was, he finally realised, good to talk. The last five years have been a journey of self-reflection. This book is his therapy.

Details

Publication: 9 September 2024
Price: £25.00
ISBN 13: 9781801509190
Format: 240mm x 160mm
Binding: Hardback
Extent: 256 pages
Category: Football

Trade Orders to:

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